PEACH AVAILABLE UNTIL 4PM

BREAKFAST

EGGS YOUR WAY. 7.5

ON TOASTED CHARCOAL SOURDOUGH (V/GFO)

FULL. 13.5

SAUSAGE, BACON, TWO POACHED EGGS, GRILLED TOMATO, MUSHROOM, PAVE HASH BROWN, BEANS, CHARCOAL SOURDOUGH

+ HAM HOCK BLACK PUDDING 3

VEGETARIAN & PLANT-BASED OPTIONS

BRUNCH

BLACK PUDDING HASH. 11

PAVE HASH BROWN,HAM HOCK BLACK PUDDING, POACHED EGG, CRISPY KALE, SRIRACHA HOLLANDAISE

BENEDICT. 10.5

EXTRAS.

NDUJA (PBO)

PAVE HASH BROWN

EGG - POACHED/FRIED

PROSCIUTTO, TWO POACHED EGGS, ENGLISH MUFFIN, CHIVE HOLLANDAISE, SMOKED PAPRIKA

BANOFFEE BREAD SANDWICH. 9 SALTED BUTTERSCOTCH, VANILLA MASCARPONE, BANANA BRÛLÉE, GINGERNUT (V, GF)

OMELETTE. 9.5

WELSH MATURE CHEDDAR, TOMATO, RED ONION, MUSHROOM, CHERVIL, CHARCOAL SOURDOUGH (V/GFO) + NDUJA (PBO) 2.5

MATCHA OATS. 8

GF ROLLED OATS, APPLE, CURRANTS, COCONUT MILK, CHIA SEEDS, MAPLE, FRESH FRUIT, VANILLA MASCARPONE (PB/GF) AVAILABLE AS: **BIRCHER (COLD) OR PORRIDGE (HOT)**

RAGOUT. 12

WOODLAND MUSHROOM & TARRAGON RAGOUT, TWO POACHED EGGS, CHARCOAL SOURDOUGH (V/PBO/GFO)

ROYALE. 11 BEETROOT CURED SALMON, TWO POACHED EGGS, ENGLISH MUFFIN, CHIVE & DILL HOLLANDAISE, SMOKED PAPRIKA

BEETROOT SALMON BOWL. 11

BEETROOT CURED SALMON, COTTAGE CHEESE, DILL MARINATED CUCUMBER, SPRING ONION, OMEGA SEEDS, POACHED EGG (GF)

2.5

25

3

AVO TOAST. 12

AVOCADO, LIME, CORIANDER, ALEPPO CHILLI, CHARCOAL SOURDOUGH, TWO POACHED EGGS (PBO/GFO) + HALLOUMI 3.5

PANCAKES. 11 SWEET. VANILLA MASCARPONE, HONEYCOMB, BERRY COMPOTE, MAPLE SYRUP (PB) + BACON / PB THIS™ BACON 2.5

SAVOURY. SCRAMBLED EGG & BACON

SHAKSHUKA. 11.5

TOMATOES, PEPPERS, LABNEH, POACHED EGGS, SPRING ONION, CORIANDER, CHARCOAL SOURDOUGH (V/PBO/GFO)

+ NDUJA (PBO) 2.5

FUNGHI. 10.5

THYME ROASTED PORTOBELLO MUSHROOM, TWO POACHED EGGS, ENGLISH MUFFIN, CHIVE HOLLANDAISE, TRUFFLE OIL (V)

BUDDHA BOWL. 11

COCONUT CHILLI RICE, DILL MARINATED CUCUMBER, ASIAN SLAW, SMASHED AVOCADO, EDAMAME, POMEGRANATE, POACHED PEACH, OMEGA SEEDS, CHICORY, SRIRACHA AIOLI (GF/PB)

BEETROOT CURED SALMON	4.5
HALLOUMI	3.5
PROSCIUTTO	3

LUNCH AVAILABLE 12PM-4PM

35

15

2.5

HOUSE. 12 CHEDDAR, CARAMELISED ONION, TOMATO, LETTUCE, PICKLES, KETCHUP, BRIOCHE (GFO)

6oz CHUCK STEAK PATTY (NB - SERVED MEDIUM RARE) or

BEYOND BURGER® (PB)

BAJA SHRIMP TACOS. 11

SAUSAGE / PB SAUSAGE

BACON / PB THIS™ BACON

HAM HOCK BLACK PUDDING

PICO DE GALLO, GARLIC AIOLI, PICKLED SHALLOT, AVOCADO PUREE, CORIANDER, LIME, TORTILLA (X2)

BAJA SHRIMP (GFO) or

PLANT-BASED ZEASTAR SHRIMP (PB)

SIDES. ROSEMARY FRIES 4.5 ASIAN SLAW 3.5 ADD

NDUJA (PBO)	2.5
BACON / PB THIS™ BACON	2.5
HALLOUMI	3.5

A DISCRETIONARY 12.5% SERVICE CHARGE WILL BE ADDED TO YOUR BILL

DUE TO THE USE OF ALLERGENS IN OUR KITCHEN, WE CANNOT GUARANTEE THE ABSENCE OF ALLERGENS IN OUR DISHES

(V) = VEGETARIAN; (PB) = PLANT-BASED

(GFO) GLUTEN-FREE OPTION (PBO) = PLANT-BASED OPTION

PEACH

CAFFEINE

LATTE. 3.5	MACCHIATO. 3.1
CAPPUCCINO. 3.5	AMERICANO. 3.1
MOCHA. 3.6	CORTADO. 3.2
ICED LATTE. 3.6	TURMERIC LATTE. 4.4
GREEN MATCHA LATTE. 4.4	BEETROOT LATTE. 4.4
POT OF TEA. 3.1	
	CAPPUCCINO. 3.5 MOCHA. 3.6 ICED LATTE. 3.6 GREEN MATCHA LATTE. 4.4

POT OF TEA. 3.1 (ENGLISH BREAKFAST, DECAF ENGLISH BREAKFAST, EARL GREY, GREEN TEA, FRESH MINT, JASMINE, ROOIBOS)

MILK OPTIONS(NO CHARGE)SYRUP OPTIONS50pWHOLE, SEMI-SKIMMED, OAT, COCONUTSUGAR, VANILLA, PUMPKIN SPICE, HAZLENUT, CARAMEL, CARAMEL SUGAR-FREE

JUICES & SMOOTHIES

SHOT

FIGHTER SHOT. 3.5 GINGER, LEMON, HONEY

COLD PRESS JUICES.

ORANGE JUICE. 4.5 APPLE JUICE. 4.5

SMOOTHIES

VERY BERRY. 5 STRAWBERRY, BLUEBERRY

ZING, ZINGER. 5 CARROT, APPLE, GINGER, LIME

POPSTAR. 5 PEACH, PASSIONFRUIT, MANGO THE 'BEET' GOES ON. 5 BEETROOT, CELERY, CARROT, APPLE

LEAN GREEN. 5 BROCOLLI, BANANA, SPINACH, PINEAPPLE, SPINACH, CELERY

SOFT DRINKS

COKE. 3.6 -REGULAR (330ML) -DIET (330ML) -ZERO (330ML)

FEVER-TREE. 2.6

- LEMONADE (200ML)
- ELDERFLOWER TONIC (200ML)
- MEDITERRANEAN (200ML)
- TONIC/TONIC LIGHT (200ML)

LEMONAID+. 4

- BLOOD ORANGE (330ML)
- LIMEADE (330ML)

- PASSION FRUIT (330ML)

STILL/SPARKLING WATER. (750ML) 3.5 (330ML) 2.5

HEADSTAND. 3 - YUZU & GINGER (250ML)

JARR KOMBUCHA. 5 - RASPBERRY (330ML)

A DISCRETIONARY 12.5% SERVICE CHARGE WILL BE ADDED TO YOUR BILL DUE TO THE USE OF ALLERGENS IN OUR RESTAURANT, WE CANNOT GUARANTEE THE ABSENCE OF ALLERGENS IN OUR DRINKS